

TAKE/RUN IT IN/RUN STRIDES/RUN

2024

PLEDGE FORM

(TO BE USED FOR 3KM WALK PARTICIPANTS ONLY)

Name : _____

Address : _____

Phone : _____ Email : _____

Team Name (if applicable): _____

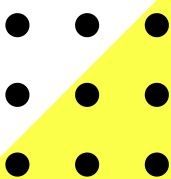
Thank you for your generous support!

1) If you use this pledge form to collect donations for the 3 Km Walk, please bring this pledge form along with cash and cheques to the Registration Table on the day of the Take It In Strides Run/Walk (Boulevard Lake main parking lot on Sept. 10, 2023).

2) Please ensure that cheques are made payable to "Take It In Strides Run"

3) cash, cheque, debit and credit card donations will be accepted at the Registration Table

DONOR INFORMATION				AMOUNT RECEIVED BY		
Please print clearly on all sections of this form to ensure that donations are assigned to the correct person				CHEQUE	CASH	
1	LAST NAME	FIRST NAME				
	ADDRESS	CITY	PROVINCE	POSTAL CODE		
	PHONE #	EMAIL ADDRESS				
2	LAST NAME	FIRST NAME				
	ADDRESS	CITY	PROVINCE	POSTAL CODE		
	PHONE #	EMAIL ADDRESS				
3	LAST NAME	FIRST NAME				
	ADDRESS	CITY	PROVINCE	POSTAL CODE		
	PHONE #	EMAIL ADDRESS				
4	LAST NAME	FIRST NAME				
	ADDRESS	CITY	PROVINCE	POSTAL CODE		
	PHONE #	EMAIL ADDRESS				
5	LAST NAME	FIRST NAME				
	ADDRESS	CITY	PROVINCE	POSTAL CODE		
	PHONE #	EMAIL ADDRESS				

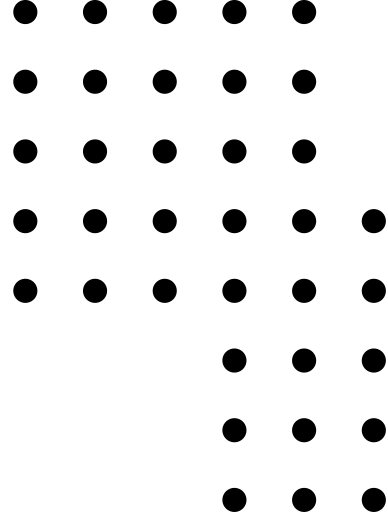


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				CHEQUE	CASH	
1	LAST NAME	FIRST NAME				
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	PHONE #	EMAIL ADDRESS				
2	LAST NAME	FIRST NAME				
	ADDRESS	CITY	PROVINCE	POSTAL CODE		
	PHONE #	EMAIL ADDRESS				
3	LAST NAME	FIRST NAME				
	ADDRESS	CITY	PROVINCE	POSTAL CODE		
	PHONE #	EMAIL ADDRESS				
4	LAST NAME	FIRST NAME				
	ADDRESS	CITY	PROVINCE	POSTAL CODE		
	PHONE #	EMAIL ADDRESS				
5	LAST NAME	FIRST NAME				
	ADDRESS	CITY	PROVINCE	POSTAL CODE		
	PHONE #	EMAIL ADDRESS				
6	LAST NAME	FIRST NAME				
	ADDRESS	CITY	PROVINCE	POSTAL CODE		
	PHONE #	EMAIL ADDRESS				
7	LAST NAME	FIRST NAME				
	ADDRESS	CITY	PROVINCE	POSTAL CODE		
	PHONE #	EMAIL ADDRESS				

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Release, Waiver and Indemnity Agreement:

I acknowledge that should I walk in an event, where I walk on my own, in a location of my choosing, which will not have any support or security measures in place by TAKE IT IN STRIDES, is a potentially hazardous activity, which could result in injury or death.

I acknowledge that the TAKE IT IN STRIDES RUN/WALK (the “Event”) involves certain inherent risks. By registering for the Event, I acknowledge and/or agree that: (1) my participation in the Event is voluntary; (2) my physical condition is sufficient to participate in the Event and I suffer from no personal health issues that may prevent me from participating in the Event; (3) at all times during the Event, my safety and the safety of any minors under my care remains my sole responsibility; (4) I will discontinue from participating in the Event if requested to do so by any representative of TAKE IT IN STRIDES; and (5) there is an inherent risk of injury in participating in the Event, and I voluntarily assume such risks.

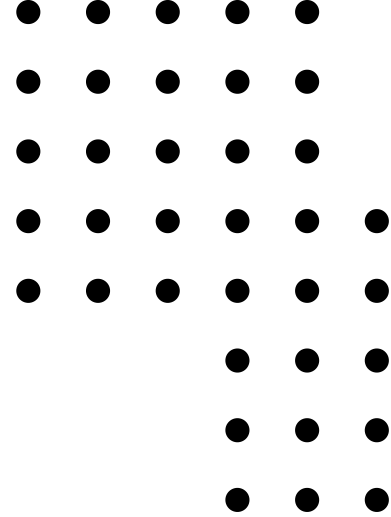
I hereby confirm that neither TAKE IT IN STRIDES, nor its affiliates, associates, directors, officers, employees, or agents nor any sponsors of the Event (the “Releasees”) nor the City of Thunder Bay have made any representations or warranties regarding the safety of the Event. In consideration of registering for the Event, I, on behalf of myself, my heirs, executors, administrators and assigns HEREBY RELEASE, WAIVE and FOREVER DISCHARGE the Releasees of and from all claims, liabilities, demands, losses, payments, actions, causes of action, damages, costs and expenses, whether in law, contract, tort, statute or equity, including, without limitation, death, injury, loss or damage to my person or property HOWEVER CAUSED, KNOWN OR UNKNOWN arising or to arise by reason of my participation in the Event and notwithstanding the same may have been contributed to by the negligence of any of the Releasees (“Claims”). I further undertake to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY the Releasees, to the fullest extent permitted by law, from and against any and all Claims, including all costs, expenses and legal fees, incurred by each of them or all of them arising as a result or in any way connected to my participation in the Event. I agree not to make any claim or take any proceedings against any other person or corporation entitled to claim contribution and indemnity, under the provisions of any statute or otherwise, from the Releasees, in respect of any Claim.

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By registering for the event, I acknowledge that I have READ, UNDERSTOOD AND AGREE to the above AGREEMENT, RELEASE, WAIVER AND INDEMNITY, and I WARRANT that I am physically able to participate in this Event. I also hereby consent to the permit emergency treatment in the event of injury or illness.

For good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, I hereby irrevocably transfer and assign to TAKE IT IN STRIDES all rights, title and interest in perpetuity to all photographs, films, slides, videotape, audio, recordings (still or moving), or any other media (known or presently unknown) taken of me or my child or children taken as part of the photographic, film or recording of the Event for the following media use,

timeframe and territory: a worldwide and perpetual basis through the following channels: takeitinstridesrun.com and any of its subdomains, email marketing, social media and digital performance marketing, including the rights to reproduce and/or include in all formats (including but not limited to print, web content, social media and online communications) my or my child's image or likeness for any lawful purpose. If I am under age of majority in my home province, I have obtained parental consent prior to accepting these terms.

I hereby consent to receive e-mail updates about the event and programs from TAKE IT IN STRIDES. The privacy of our donors and event participants is important to TAKE IT IN STRIDES. For more information on our privacy policy, please visit our website at **takeitinstridesrun.com**.

Lastly, by registering for the TAKE IT IN STRIDES RUN/Walk, I acknowledge that 50% of all proceeds will be donated to the Canadian Mental Health Association (Thunder Bay) and 50% will be donated towards The Children's Centre Foundation (Thunder Bay).

Fundraising dollars will not be designated outside of TAKE IT IN STRIDES

SIGN: _____ PRINT: _____

DATE: _____